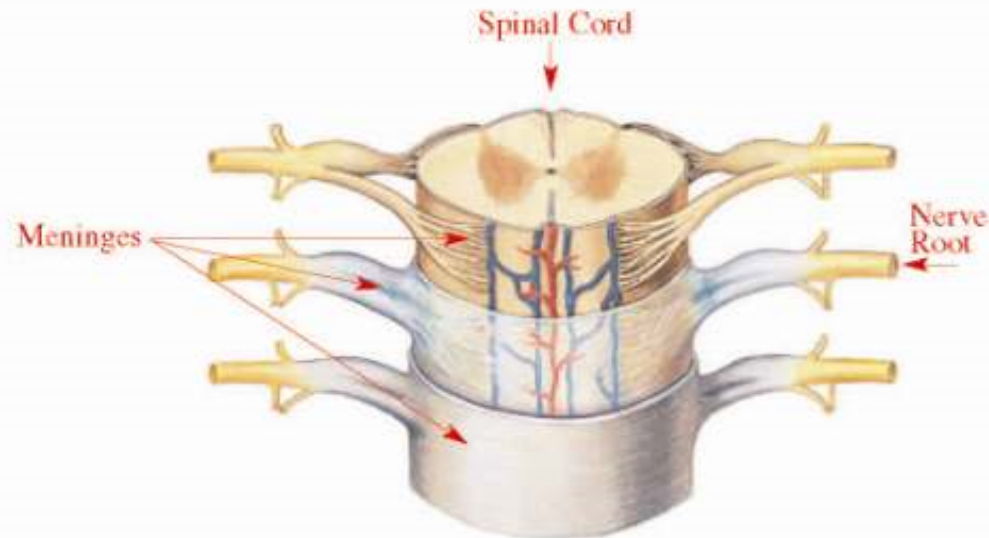


What is Neurologic Relief Centers Technique™ ?

NRCT

When you have had physical or emotional traumas (stress), tension can build up at the base of your skull and can pull on the meninges, which are not that flexible. Meninges are attached to all the nerve roots that exit your spine. When the meninges are pulled it could irritate those nerves.

NRC Technique (NRCT) releases the tension in the meninges thus releasing the irritation to the nerves.



When your nerves are irritated you may experience many symptoms because nerves control every function of your body.

- The most common symptoms that respond to NRCT are:
- Pain (anywhere in the body, including fingers and feet)
 - Fibromyalgia • Arthritic like symptoms • Numbness
 - Headache (Migraines) • Forgetful • Burning • Insomnia
 - Sleeplessness • Fatigue • Irritability • I.B.S.
 - Nervousness • Anxiousness • Moodiness, etc...

The vast majority of health problems other than infectious diseases could be stress and neurological in nature. We advise everyone to ask their doctor to be tested to see if NRCT (Neurologic Relief Centers Technique™) could help them.

NRCT is non-invasive and is usually painless. Your doctor will perform a test to see how you respond to help determine if you are a candidate for NRCT. Many people respond to the test with a percentage of their symptoms relieved for minutes or days.

Definitions:

- Neurologic:** Deals with the structure and function of the nervous system and the treatment of the diseases and disorders that affect it.
- Meninges:** The membranes that surround and protect the brain and the spinal cord.